



Ice Hockey

Districts are encouraged to follow the technical information and guidelines found within this manual at all times. When changes are necessary at the District level, participants who qualify for Ontario 55+ Winter Games must be made aware that the following rules will be in use at Ontario 55+ Winter Games.

A) FORMAT OF PLAY – THREE (3) DIVISIONS

| Division | Number of Participants |
|-----------|--|
| Open 55+ | Goalies – Two (2) team members Coach – One (1) team member |
| | Maximum of fifteen (15) other team members |
| Open 65+ | Goalies – Two (2) team members (60+ (one) goalie can be used for the 65+ division) Coach – One (1) team member |
| | Maximum of fifteen (15) other team members |
| Women 55+ | Goalies – Two (2) team members Coach – One (1) team member |
| | Maximum of fifteen (15) other team members |

Due to the number of games in two days, it is recommended that each team have fifteen (15) skaters and two goalies (maximum) for a maximum of seventeen (17) players + one coach. A team must have a minimum of ten (10) skaters plus a goalie dressed for each game. (No other Team Staff such as water boy, trainers or equipment managers are considered participants.)

Any persons not present at the scheduled commencement of play and throughout the competition are in default and are automatically disqualified from the competition. Competitors are obligated to complete the event regardless of their record in the competition. If a team defaults part way through the competition, the results of that team will be removed from the standings. The organizers shall have an extra team available to play as a “floater” team in case there is an uneven number of teams or in case a team defaults. This team’s results will not count in the final standings.

If there are any questions regarding rulings, the OSGA Winter Games Technical Manual will be considered correct.

B) ELIGIBILITY

| Event | Requirements |
|--|---|
| District Games | Any person 55+ living in Ontario |
| Ontario 55+ Winter Games (Provincial Championships) | Gold Medal Winners – District competition |
| NOTE: Previous Ontario 55+ Summer and Winter Games and Canada Games winners are still eligible to compete at the District and Ontario 55+ Winter Games level. | |

TOURNAMENT SET-UP

1. At the District level, play will be Round Robin format, followed by a playoff, if time permits
2. Round Robin pools will have with no more than four (4) teams in any pool.
3. If possible, playoffs will consist of a Medal Round and a Consolation Round. The split will be determined by the number of teams participating. No more than 8 teams will qualify for the Medal Rounds.
4. The number of teams entered and the number of facilities available will determine game length. No team shall play back-to-back games with less than two hours between games. Game length during round robin play may be shortened since teams will likely play three (3) games on day one.
5. All games will consist of two (2) fifteen (15) minute stop time periods if scheduling permits. The ice will be flooded after each game
6. At Ontario 55+ Winter Games, teams will play the round robin on Day One. The top two (2) teams in each pool will advance to the playoff round, if time and scheduling permits. If necessary, games may be scheduled on registration day.
7. On Day Two, all teams will be seeded according to round robin results in either championship or consolation playoff pools to determine final placings. Each team will be guaranteed at least one game in the playoff pools.
8. Game Points – Ten (10) points for a win, Five (5) points for a tie.
9. Period Points – Two (2) points for a win, one (1) for a tie.

Determining the Winners

1. Ties after the completion of round robin play will be broken in the following order:
 - a. Winner of round robin game between tied teams
 - b. The team with the fewest goals against
 - c. Goals for minus goals against
 - d. Goals for divided by goals against (highest quotient wins)
 - e. Best performance against first (1st) place team in division of tied teams
 - f. Least penalized team
 - g. Decision by tournament committee
2. The above rules will apply in sequence with no reverting back to determine placement of teams.
3. Ties in the semi-final and final will be broken by a five (5) minute sudden death overtime (stop time) period. If still tied, each team will compete in a best of five (5) shoot out. If still tied, an additional shoot out will take place using five (5) new skaters (I.E the skaters from the first round of the shoot out are ineligible for the second round). This process will continue until a winner is determined.

D) AWARDS

| | | |
|------------------------|--|---------------------|
| Gold (54 max) | Open Men 55+ Open Men 65+ Open Women 55+ | One per team member |
| Silver (54 max) | Open Men 55+ Open Men 65+ Open Women 55+ | One per team member |
| Bronze (54 max) | Open Men 55+ Open Men 65+ Open Women 55+ | One per team member |

E) RULE SOURCE

Canadian Adult Recreational Hockey Association (CARHA). Specific rules will reference to Canadian Amateur Hockey Association Rules, with the exceptions listed under “Tournament Set-Up” and “Ice Hockey Rules Summary.”

Website

www.carhahockey.ca (see Referees on side menu, then Official Rule Book on page)

F) EVENT REQUIREMENTS

- Equipment**
1. Teams should have 2 different sets of sweaters if possible.
 2. All players must wear a Canadian Standards Association (CSA) approved helmet with the chin properly fastened. All players must wear at least a half face mask (full masks are strongly recommended).
 3. CSA approved neck guards are **a must** for all players. Goaltenders shall be required to wear a CSA approved helmet with an approved facial protector that is securely attached and not modified or altered in any way.
 4. All players are required to keep their helmets on, when on the ice, on the bench or in the penalty box.
 5. Non-compliance of equipment regulations will result in a minor penalty being assessed.
 6. **FURTHER RECOMMENDED EQUIPMENT:**
 - i) Mouth guards (in mouth are recommended)
 - ii) Other necessary CSA approved protective equipment.
- Facilities**
1. Two regulation size arenas (minimum).
 2. The facility should be accessible to the disabled.

G) OFFICIALS

The OSGA requires, at minimum, the following major officials for Ontario 55+ Winter Games:

For District Games, the following are only a suggestion. Participation numbers and availability of volunteers may result in fewer officials being required. Districts are encouraged to try to have the necessary officials to run the event successfully.

- A) One (1) Activity Convenor
- B) Two (2) referees
- C) One (1) scorekeeper
- D) One (1) Timer

The host committee will ensure that all major officials have the required qualifications as specified by the OSGA at least one year prior to Ontario 55+ Winter Games. The host committee is also responsible for any other official required to run this event.

Hockey Rules Summary

1. A medical examination two months prior to the event is strongly recommended
2. Players may play for one team only, in the same tournament.
3. A Player must play in at least one (1) round robin game to be eligible for the playoff rounds (NOTE: Players must play in at least one round robin game to be eligible for a medal).
4. Body checking is **NOT** permitted.
5. No Fighting, Any player assessed a Major Penalty for Fighting will be ineligible for the remainder of the tournament.
6. **NO** Slap Shots.
 - a. A player who uses a “slap shot” during the game shall be assessed a Minor Penalty. If an injury occurs as a result of a “slap shot”, a Major Penalty shall be assessed.
 - b. A player who uses the action of a “Fake Slap Shot” for the purpose of intimidating an opposing player and/or opposing goalie shall be assessed a Minor Penalty
7. Teams may replace a goalie in the event of an injury or sickness only. The tournament committee must approve replacement goalies.
8. A team may pull their goalie at any time.
9. Any player assessed three (3) penalties in a single game will be ejected for the remainder of the game. Double minors count as TWO (2) Penalties.
10. Major Penalties will result in a minimum suspension of one game. Dependant of the severity of the penalty the suspension could be more severe.