



Etobicoke 55+ Sports & Games Committee

ETOBICOKE 55+ WALK-RUN EVENT

Wednesday, June 6th, 2018 @ 10:00am
Centennial Park Stadium (56 Centennial Park Rd, Etobicoke)
\$12 OSGA 2018 Membership Fee Required to Participate

Prediction Walk

1. Male/Female 55+ • 3km (7.5 laps of 400m track)
2. Male/Female 55+ • 1.6km (4 laps of 400m track)

Nordic Walk

1. Male/Female 55+ • 3km (7.5 laps of 400m track)
2. Male/Female 55+ • 1km (2.5 laps of 400m track)

Run

1. Male/Female 55+ • 5km (12.5 laps of 400m track)

For more information or to register, please e-mail
keepetobicokeactive@gmail.com or call Linda at 416-779-3457 by June 1st, 2018

Winners will be eligible to represent District 17 at the 2018 Ontario 55+ Summer Games in Mississauga, Ontario from August 10th - 12th, 2018.

YOU'RE NEVER TOO OLD TO PLAY!



Etobicoke 55+ Sports & Games Committee

ETOBICOKE 55+ SPORTS & GAMES COMMITTEE

The Etobicoke (District 17) 55+ Sports and Games Committee is part of the over 7000 member, 36 District, provincial organization providing fun, fitness, friendship, and social interaction through a series of active and mentally challenging events offered throughout the year. Your annual membership fee of \$12 covers a large number of services and opportunities throughout the year with the following benefits:

- Participate in numerous OSGA events per year
- Opportunity to qualify/participate in Regional and Provincial Games
- Etobicoke hosted activities and events

These events are qualifying events for the Ontario 55+ Summer Games that will be held August 2018 in Mississauga, Ontario. Gold medal winners in the events listed above will qualify to represent District 17 at the games.

For more information please visit:

www.osga55plus.ca

or e-mail:

keepetobicokeactive@gmail.com

The Etobicoke 55+ Sports and Games Committee is currently looking for volunteers to sit on the committee as well as to convene district sports and games such as Bocce, Cycling, Shuffleboard, and more. For more information, please e-mail keepetobicokeactive@gmail.com